

TECHNICAL  
CONSIDERATIONS

You can 'Ask for Help from' the Host

A countdown timer will be visible to help you stay on track

Be aware of your room number (if the internet cuts out, this will help you get back to your room)

ROLES AND  
RESPONSIBILITIES

- Participants are invited to turn on video, but it is not mandatory
- Participate in the activity and contribute to the discussion
- Be aware of time and help ensure everyone has an opportunity to contribute

ACTIVITY #1  
10<sup>TH</sup> REUNION

(30 MIN)

INSTRUCTIONS

During this breakout group period, we are going to role-play a mini reunion. Imagine it's been at least 10 years since you've taken this class.



- Speaking one at a time, give a quick update of your life in the past 10 years (this is where you can use the Odyssey narratives that you just wrote).
- You will have about 7 minutes for each round so keep things moving. If you don't feel comfortable sharing, please let the group know you'd like to "pass".



**ROUND 1 - Discuss the following questions:**

Hey! I haven't seen you since the masterclass.  
What have you been up to?  
How is it going?



**ROUND 2 - "News updates." Everyone to pick one from the list below (it's okay if you all pick the same!). Have group share how this "update" has altered their plan.**

1. You are about to be offered a major promotion with more responsibility and more money, but it requires travelling 30% - 50%.
2. Your employer has offered you a 3-year transfer to another country. You and your significant other (and kids?) are very involved in your local community and you just got the house the way you like it.
3. You have just learned that a distant, childless uncle of your mother has died and left you an inheritance of \$1 million, which you'll receive in 1 year.



**ROUND 3 - Discuss the following questions related to letting go and moving on:**

We talked about lots of things back in that class.  
What are some things that got away from you and aren't coming back?  
How do you feel about that?

**DEBRIEF - Discuss the following questions:**

How was that?  
What was hard about that?  
What was easy? ...fun? ...weird?  
What did you get from a brief visit to your distant future?